

PT Studio
207 Worple Rd, Raynes Park. SW20 8QY
Tel: 0208 946 6444

Established in 2006, PT Studio is a fully equipped personal training studio located within 2 mins walk of Raynes Park Station in the heart of SW20. Our dynamic training space enables our Personal Trainers to keep their clients motivated, stimulated and ultimately achieve their maximum potential and goals.

As a Personal Trainer, you know that your client's needs vary from one person to the next; and our studio has a full range of fitness and resistance equipment to meet each and every one of those needs:

- Battling Ropes
- Kettle Bells
- Cardio equipment (rower, bike, treadmill)
- Punch Bag
- VipRE
- Plyometric jump box
- Olympic Bar
- Olympic rings
- Full range of weights
- Hurdles, cones
- Rubber exercise mats

PT Studio is available for hire to personal trainers and we have a number of flexible pricing options to suit you:

Rates

If we introduce you to a client:

- £11.00 per single 1 hour session.

If you bring your own clients:

- £7.00 per single 1 hour session.
- £6.00 per single 1 hour when you book 40+ sessions per month.
- £5.00 per single 1 hour

The studio is open from when your first client begins their training session to when your client finishes their session, 7 days a week. It has a simple online booking system, so if it is pouring down with rain, you can go online at the last minute and bring the training indoors. No need to cancel the training session!

PT Studio is also supported by the following:

- Beauty Salon
- Osteopathic Clinic
- Physiotherapist
- Massage Therapist
- Nutritionalist
- Accupuncturist
- Free off road parking for clients

If you would like to have a look at the studio or have any questions, please either call or email and we can arrange a visit.

Anita Cowell
Owner